## PSHE Mile Oak Curriculum Map 2024-2025

		Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2		
Year R	1	Zones of Regulation x1 New beginnings	Family Diversity x2	Health & Drugs Education x3	Good to be me (GTBM) x2	Protective Behaviours- Feeling Good,	Relationships, Sex & Health Education (RSHE)		
	3	(SEAL) x2	Anti-Bullying Week		Growing an anti-racist	Feeling Safe (FGFS) x4	x3		
	4	School Values x4	Family Diversity x1	Mental Health & Wellbeing x3	school (GARS) x2		Changes (SEAL) x2		
	5 6	_	Global		Gender x2	Relationships-			
	D		Citizenship/ Our City, Our World			Loss and Bereavement x2	Going for goals (SEAL) x2		
	7		(OCOW) x3						
		Autumn 2 - Antibu							
		Summer 1 - Menta	al Health Awarenes	ss Week					
		Getting on and fal	Getting on and falling out- to be used at the start of each half term						

		Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 1	1	Zones of Regulation x1	Gypsy Roma Traveller education (GRT) x2	Health & Drugs Education x3	Good to be me (GTBM) x2	Protective Behaviours- Feeling Good, Feeling Safe	Relationships, Sex & Health Education (RSHE) x3
	2	New beginnings (SEAL) x2					
	3		Anti-Bullying Week		Growing an anti-racist	(FGFS) x4	
	4	School Values x4	Gypsy Roma Traveller education (GRT) x1	Mental Health & Wellbeing x3	school (GARS) x2		Changes (SEAL) x2
	5		Global		Gender x2	Relationships x2	
	6 7	_	Citizenship/ Our City, Our World (OCOW) x3				Going for goals (SEAL) x2
		Getting on and fa	ternet Week m to Defeat them al Health Awarenes Iling out- to be used	ss Week d at the start of eac of maths when cove		ev	

		Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2		
Year 2	1	Zones of Regulation x1	Disability Equality	Health & Drugs Education x3	Good to be me (GTBM) x3	Protective Behaviours-	Relationships, Sex & Health		
	2	New beginnings (SEAL) x2	Education- Nothing about me without me x2			Feeling Good, Feeling Safe (FGFS) x4	Education (RSHE) x3		
	3		Anti-Bullying Week						
	4	School Values x4	Disability Equality Education- Nothing about me without me x1	Mental Health & Wellbeing x3	Growing an anti-racist school (GARS) x1		Changes & Moving Forward (SEAL) x2		
	5 6	_	Global Citizenship/ Our		Gender x2	Relationships- Loss and	Coing for gools		
	6		City, Our World			Bereavement x2	Going for goals (SEAL) x2		
	7		(OCOW) x3						
		Autumn 2 - Antibu Spring 1 - Safer In	, e						
		Summer 1 - Mental Health Awareness Week Getting on and falling out- to be used at the start of each half term Money Management- teach as part of maths when covering topic of money							

		Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2		
Year 3	1	Zones of Regulation x1		Drugs, Alcohol and Tobacco	Good to be me (GTBM) x3	Protective Behaviours-	Relationships, Sex & Health		
	2	New beginnings		Education		Feeling Good,	Education (RSHE)		
	3	(SEAL) x2	Anti-Bullying Week	(DATE) x3		Feeling Safe (FGFS) x4	x4		
	4	School Values	Global	Mental Health &	Growing an				
	5	x4	Citizenship/ Our	Wellbeing x3	anti-racist	Relationships x2	Changes and		
	6		City, Our World		school (GARS)		<b>Moving Forward</b>		
			(OCOW) x3		x3		(SEAL) or		
	7		EXTRA				Going for Goals		
							(SEAL) X3		
		Autumn 2 - Antibullying week							
		Spring 1 - Safer In							
		Spring 2 - Eat ther							
		Summer 1 - Ment							
		Getting on and fa	lling out- to be used	d at the start of eac	h half term				
		Money Managem	ent- teach as part o	of maths when cove	ering topic of mone	ey			

		Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2		
Year 4	1 2	Zones of Regulation x1 New beginnings (SEAL) x2	Disability Equality Education- Nothing about me without me	Drugs, Alcohol and Tobacco Education (DATE) x3	Good to be me (GTBM) x2	Protective Behaviours- Feeling Good, Feeling Safe (FGFS) x4	Relationships, Sex & Health Education (RSHE) x4		
	3	_	x2 Anti-Bullying Week		Growing an anti-racist	_			
	4 5	School Values	Global	Mental Health & Wellbeing x3	school (GARS) x3	Deletienshine	Changes and		
	6	x4	Citizenship/ Our City, Our World (OCOW) x3	wendenig x5	x5	Relationships- Loss and Bereavement x2	Changes and Moving Forward (SEAL) or Going for Goals (SEAL) X3		
	7		SAWSS (every 2 years)						
		Autumn 2 - Antibullying week							
		Spring 1 - Safer Internet Week Spring 2 - Eat them to Defeat them							
		Summer 1 - Ment							
		Getting on and fa	lling out- to be used	d at the start of eac	h half term				
		Money Managem	ent- teach as part o	of maths when cove	ering topic of mone	Ру			

		Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2		
Year 5	1	Zones of Regulation x1 New beginnings	Gender x2	Drugs, Alcohol and Tobacco Education	Good to be me (GTBM) x3	Protective Behaviours- Feeling Good,	Relationships, Sex & Health Education (RSHE)		
	3	(SEAL) x2	Anti-Bullying Week	(DATE) x3		Feeling Safe (FGFS) x4	x4		
	4	School Values	Global	Mental Health &	Growing an				
	5	<mark>x4</mark>	Citizenship/ Our	Wellbeing x3	anti-racist	Gypsy Roma	Changes and		
	6		City, Our World		school (GARS)	Traveller	Moving Forward		
			(OCOW) x3		х3	education (GRT)	(SEAL) or		
		_				x2	Going for Goals		
	7		SAWSS (every 2 years)				(SEAL) X3		
		Autumn 2 - Antibullying week							
		Spring 1 - Safer Internet Week							
		Spring 2 - Eat them to Defeat them Summer 1 - Mental Health Awareness Week							
		Getting on and fa	lling out- to be used	h half term					
		Money Managem	ent- teach as part o	of maths when cove	ering topic of mone	Ру			

		Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2	
Year 6	1	Zones of Regulation x1	LGBTQ Equality Education x2	Drugs, Alcohol and Tobacco	Good to be me (GTBM) x3	Protective Behaviours-	Relationships, Sex & Health	
	2 3	New beginnings (SEAL) x2	Anti-Bullying Week	Education (DATE) x3		Feeling Good, Feeling Safe (FGFS) x4	Education (RSHE) x4	
	4	School Values	Global	Mental Health &	U			
	5 6	x4	Citizenship/ Our City, Our World (OCOW) x3	ty, Our World	anti-racist school (GARS) x3	Relationships- Loss and Bereavement x2	Changes and Moving Forward (SEAL) or	
	7		SAWSS (every 2 years)				Going for Goals (SEAL) X3	
		Autumn 2 - Antibullying week Spring 1 - Safer Internet Week Spring 2 - Eat them to Defeat them Summer 1 - Mental Health Awareness Week						
		Getting on and fa	lling out- to be used	d at the start of eac	h half term			
		Money Managem	ent- teach as part o	of maths when cove	ering topic of mone	ey		

Click here for Dfe Statutory Guidance Click here for <u>PSHE Association Programme of Study</u>

Click here for <u>SEAL</u> resources

All learning outcomes references for the PSHE topics are from the PSHE Association Programme of Study, which is organised into 3 core themes:

Core Theme 1: Health and wellbeing (H)

Core Theme 2: Relationships (R)

Core Theme 3: Living in the Wider World (L)