

PSHE Mile Oak Curriculum Map 2024-2025

		Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year R	1	Zones of Regulation x1	Family Diversity x2	Health & Drugs Education x3	Good to be me (GTBM) x2	Protective Behaviours- Feeling Good, Feeling Safe (FGFS) x4	Relationships, Sex & Health Education (RSHE) x3
	2	New beginnings (SEAL) x2	Anti-Bullying Week		Growing an anti-racist school (GARS) x2		
	3						
	4	School Values x4	Family Diversity x1	Mental Health & Wellbeing x3	Gender x2		Relationships- Loss and Bereavement x2
	5		Global Citizenship/ Our City, Our World (OCOW) x3				
	6						
	7						
	Autumn 2 - Antibullying week Spring 1 - Safer Internet Week Spring 2 - Eat them to Defeat them Summer 1 - Mental Health Awareness Week Getting on and falling out- to be used at the start of each half term						

		Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 1	1	Zones of Regulation x1	Gypsy Roma Traveller education (GRT) x2	Health & Drugs Education x3	Good to be me (GTBM) x2	Protective Behaviours- Feeling Good, Feeling Safe (FGFS) x4	Relationships, Sex & Health Education (RSHE) x3
	2	New beginnings (SEAL) x2			Anti-Bullying Week		
	3		School Values x4		Gypsy Roma Traveller education (GRT) x1		
	4	Global Citizenship/ Our City, Our World (OCOW) x3		Gender x2			Relationships x2
	5			Going for goals (SEAL) x2			
	6				Grey	Grey	Grey
	7	Grey					
			Autumn 2 - Antibullying week Spring 1 - Safer Internet Week Spring 2 - Eat them to Defeat them Summer 1 - Mental Health Awareness Week Getting on and falling out- to be used at the start of each half term Money Management- teach as part of maths when covering topic of money				

		Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 2	1	Zones of Regulation x1	Disability Equality	Health & Drugs Education x3	Good to be me (GTBM) x3	Protective Behaviours- Feeling Good, Feeling Safe (FGFS) x4	Relationships, Sex & Health Education (RSHE) x3
	2	New beginnings (SEAL) x2	Education- Nothing about me without me x2				
	3		Anti-Bullying Week				
	4	School Values x4	Disability Equality Education- Nothing about me without me x1	Mental Health & Wellbeing x3	Growing an anti-racist school (GARS) x1	Changes & Moving Forward (SEAL) x2	
	5		Global Citizenship/ Our City, Our World (OCOW) x3				Gender x2
	6						
	7						
	Autumn 2 - Antbullying week Spring 1 - Safer Internet Week Spring 2 - Eat them to Defeat them Summer 1 - Mental Health Awareness Week Getting on and falling out- to be used at the start of each half term Money Management- teach as part of maths when covering topic of money						

		Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 3	1	Zones of Regulation x1	Gender x2	Drugs, Alcohol and Tobacco Education (DATE) x3	Good to be me (GTBM) x3	Protective Behaviours- Feeling Good, Feeling Safe (FGFS) x4	Relationships, Sex & Health Education (RSHE) x4
	2	New beginnings (SEAL) x2					
	3						
	4	School Values x4	Global Citizenship/ Our City, Our World (OCOW) x3	Mental Health & Wellbeing x3	Growing an anti-racist school (GARS) x3	Relationships x2	
	5						
	6						
	7		EXTRA				
		Autumn 2 - Antibullying week Spring 1 - Safer Internet Week Spring 2 - Eat them to Defeat them Summer 1 - Mental Health Awareness Week Getting on and falling out- to be used at the start of each half term Money Management- teach as part of maths when covering topic of money					

		Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 4	1	Zones of Regulation x1	Disability Equality	Drugs, Alcohol and Tobacco Education (DATE) x3	Good to be me (GTBM) x2	Protective Behaviours- Feeling Good, Feeling Safe (FGFS) x4	Relationships, Sex & Health Education (RSHE) x4
	2	New beginnings (SEAL) x2	Education- Nothing about me without me x2		Growing an anti-racist school (GARS) x3		
	3		Anti-Bullying Week				
	4	School Values x4	Global Citizenship/ Our City, Our World (OCOW) x3	Mental Health & Wellbeing x3		Relationships- Loss and Bereavement x2	Changes and Moving Forward (SEAL) or Going for Goals (SEAL) X3
	5						
	6						
	7		SAWSS (every 2 years)				
		Autumn 2 - Antibullying week Spring 1 - Safer Internet Week Spring 2 - Eat them to Defeat them Summer 1 - Mental Health Awareness Week Getting on and falling out- to be used at the start of each half term Money Management- teach as part of maths when covering topic of money					

		Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 5	1	Zones of Regulation x1	Gender x2	Drugs, Alcohol and Tobacco Education (DATE) x3	Good to be me (GTBM) x3	Protective Behaviours- Feeling Good, Feeling Safe (FGFS) x4	Relationships, Sex & Health Education (RSHE) x4
	2	New beginnings (SEAL) x2					
	3						
	4	School Values x4	Global Citizenship/ Our City, Our World (OCOW) x3	Mental Health & Wellbeing x3	Growing an anti-racist school (GARS) x3	Gypsy Roma Traveller education (GRT) x2	Changes and Moving Forward (SEAL) or Going for Goals (SEAL) X3
	5						
	6						
	7		SAWSS (every 2 years)				
		Autumn 2 - Antibullying week Spring 1 - Safer Internet Week Spring 2 - Eat them to Defeat them Summer 1 - Mental Health Awareness Week Getting on and falling out- to be used at the start of each half term Money Management- teach as part of maths when covering topic of money					

		Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 6	1	Zones of Regulation x1	LGBTQ Equality Education x2	Drugs, Alcohol and Tobacco Education (DATE) x3	Good to be me (GTBM) x3	Protective Behaviours- Feeling Good, Feeling Safe (FGFS) x4	Relationships, Sex & Health Education (RSHE) x4
	2	New beginnings (SEAL) x2					
	3						
	4	School Values x4	Global Citizenship/ Our City, Our World (OCOW) x3	Mental Health & Wellbeing x3			
	5						
	6						
	7		SAWSS (every 2 years)				
		Autumn 2 - Antibullying week Spring 1 - Safer Internet Week Spring 2 - Eat them to Defeat them Summer 1 - Mental Health Awareness Week Getting on and falling out- to be used at the start of each half term Money Management- teach as part of maths when covering topic of money					

Click here [for Dfe Statutory Guidance](#)

Click here for [PSHE Association Programme of Study](#)

Click here for [SEAL](#) resources

All learning outcomes references for the PSHE topics are from the PSHE Association Programme of Study, which is organised into 3 core themes:

Core Theme 1: Health and wellbeing (H)

Core Theme 2: Relationships (R)

Core Theme 3: Living in the Wider World (L)