

**EYFS and KS1 PE Overview**

<b><u>Year Group</u></b>	<b><u>Topics covered</u></b>	<b><u>Tier two vocabulary</u></b>
<b><u>Reception</u></b>	Autumn 1: Introduction to PE – Unit 1	Stretch
	Autumn 2: Introduction to PE – Unit 2	Throw
	Spring 1: Ball Skills	Catch
	Spring 2: Dance	Balance
	Summer 1: Gymnastics	Copy
	Summer 2: Fundamentals	Roll
<b><u>Year 1</u></b>	Autumn 1: Football & Yoga	Equipment
	Autumn 2: Ball Skills & Fundamentals	Speed
	Spring 1: Fundamentals – Unit 2 & Dance	Direction
	Spring 2: Net and Wall & Physical Fitness	Bounce
	Summer 1: Invasion Games & Team Building	Push
	Summer 2: Athletics & Gymnastics	Pull
<b><u>Year 2</u></b>	Autumn 1: Sending and Receiving & Fundamentals	Control
	Autumn 2: Net and Wall & Ball Skills	Perform
	Spring 1: Invasion Games & Dance	Travel
	Spring 2: Striking and Fielding & Gymnastics	Sequence
	Summer 1: Target Games & Team Building	Repeat
	Summer 2: Athletics and Physical Fitness	Improve
		Independent